



Labels of multi-source vegetable edible oil to be scrutinised: FSSAI

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The Food Safety and Standards Authority of India (FSSAI) has asked the state food safety commissioners to inspect and scrutinise the labels of multi-source vegetable edible oil products. The officers have been asked to check whether the brands comply with the labelling norms set by the FSSAI. The food regulator has also asked the officials to take immediate action against defaulting manufacturers who are found flouting the rules and submit a report by June 1.

As per the rules set by FSSAI, the edible oils made from multiple vegetable edible oils cannot be sold under the head of the "common/generic" ingredient of single oil used in the blend. The label must mention "multiple-source edible vegetable oil" as per the rules mentioned in FSS (Prohibition and Restriction on Sales) Regulation 2011.

In addition, to the tag mentioned above, the labels need to specify each, and manufacturers must clearly mention every ingredient used in the in oil vegetable oil blend and their percentage by weight. This declaration must be made on the front of the packaging immediately above or below the brand/ trade name to be visible to the consumer. These guidelines were introduced by the FSS (Labelling and Display) Regulations 2020.

As per the FSSAI regulations, multi-source vegetable oil is a mixture of two-vegetables oil where the proportion of the vegetable oil in the mixture is not less than 20%.

FSSAI has directed the state food safety commissioners to send improvement notices to all the violators of label regulations. It has also asked the commissioners to send notices to manufacturers who deliberately put 'deceptive labels' on multi-source edible vegetable oil.

The state commissioners must submit a report regarding the actions taken by them to FSSAI by June 1. The report must mention the number of labels inspected, number of violators and number of improvement notices etc.

